

Camp Troll Fjell

Language & Heritage Camp

Suggested List of Clothing and Equipment for Two Weeks of Camp

No Laundry Facilities are available.

(Please mark all clothing and personal items with the camper's name. We recommend you send old clothing and shoes to camp.)

Recommended items:

- Sleeping bag (no slumber bags or sleep sacks.)
- extra warm blanket
- Air mattress (optional).
- long pants or jeans
- shorts
- T-shirts
- warm night clothes
- socks - enough for two weeks
- underwear - enough for two weeks
- sweatshirts and/or sweaters
- warm jacket
- tennis shoes or closed toed shoes
- Swimsuit
- beach towel
- laundry bag (old pillow case will do)
- bath towel and wash cloth
- bath soap
- shampoo
- toothbrush
- toothpaste (a small tube will do)
- comb/hairbrush
- flashlight (with extra batteries and bulb)
- chap stick
- writing paper or post cards - postage stamps
- Insect repellent (lotion or stick) - we have a lot of mosquitoes and they like to bite.
- Optional Items
 - Pillow
 - Camera and film
 - Suntan lotion/Calamine lotion
 - Musical instrument
 - Clothes for skit night
 - Shower shoes or sandals (for pool only)

NOT ALLOWED IN CAMP:

CELL PHONES - ELECTRONIC GAMES - RADIOS - WALKMAN RADIOS - TAPE DECKS - CD PLAYERS - MP3 PLAYERS - IRONS - KNIVES - SHAVING CREAM - HAIR MOUSSE - CANDY - GUM - OR OTHER NON-CAMPING EQUIPMENT.

THERE WILL BE A LUGGAGE INSPECTION AT CAMP CHECK-IN.

PARENTS - Please understand that you are responsible for damage caused by your child, (whether to people and/or property) due to misconduct or bringing in contraband item. Campers will be responsible for cleaning tents and grounds before program on last day of camp.